



partners for progress

# Please Help Our Riders Keep Living Forward!

Happy Holidays!!

The holidays are a time for giving. Giving thanks, giving gifts and giving of ourselves to those who need it most. As we reflect on our blessings, we count among them your gifts of time and money to support the therapeutic riding programs that do so much for our rider's quality of life.

Because of you, our riders "live forward" and reach greater heights than they or their families thought possible. We've seen our young riders grow into young, confident adults with a community of PFP friends who share their passion for horses and riding. We've stood with proud parents and families as they watch their son or daughter thrive in school or at their first job. None of this would be possible without your generous support.

This year alone, through more than 11,000 therapeutic hours, we have helped over 200 children and adults with physical, mental and emotional disabilities improve their quality of life through the activities, lessons and therapy our horses and programs offer. In the coming year, we hope to help even more riders live life to the fullest.

Our unique 3Q Program – **Q**uality of Horse and **Q**uality of Program leads to **Q**uality of Life – uses individualized programs to help each rider achieve specific goals based on their needs. Many of our riders progress to independent riding and competing on the Equestrians with Disabilities horse show circuit. One of our riders, Kelsey, an Equestrian with Disabilities Champion, says, "I like showing on the show circuit and I feel awesome when I win all the trophies!"



You can help guarantee that we continue our 3Q program and the success of our riders by making a year-end contribution to PFP. A contribution of any size helps our current riders "live forward" and provides opportunities for those new to our program. Please consider us as part of your year-end giving – without you, we couldn't offer the quality of horses, quality of programs or quality of life we provide to our riders.

We are deeply grateful for your support and generosity.

*Diane Helgeland*

Thank you and Happy Holidays from the PFP Family!



### **Mark Your Calendars: 2020 Events**

- January 26 – PFP Meat Raffle
- March 8 – Plop O' Gold and Chili Open House
- June 13 – PFP Dance Bash
- August 23 – Family Fest
- September 12 – Hoe Down Throw Down

